



EMPOWERING DETERMINED GIRLS EVERYWHERE

2016 COMPETITION SCHEDULE

SATURDAY, OCT. 22ND

LEVEL 1'S & 2'S (62 Gymnasts)

8:30am – 8:50am	Open Stretch
8:50am – 9:00am	Warm Up 1 st Event
9:00am – 9:15am	March In
9:15am – 11:15am	Competition
11:15am – 12:00pm	Awards

LEVEL 3'S & XCEL BRONZE (72 Gymnasts)

12:00pm – 12:20pm	Open Stretch
12:20pm – 12:35pm	Warm Up 1 st Event
12:35pm – 12:50pm	March In
12:50pm – 3:30pm	Competition
3:30pm – 4:15pm	Awards

LEVEL 5'S, XCEL SILVER, XCEL GOLD (50 Gymnasts)

4:15pm – 4:35pm	Open Stretch
4:35pm – 4:50pm	Warm Up 1 st Event
4:50pm – 5:05pm	March In
5:05pm – 7:45pm	Competition
7:45pm – 8:30pm	Awards

SUNDAY, OCTOBER 23RD

LEVEL 4'S (58 Gymnasts)

9:00am – 9:20am	Open Stretch
9:20am – 9:35am	Warm Up 1 st Event
9:35am – 9:50am	March In
9:50am – 12:30pm	Competition
12:30pm – 1:15pm	Awards